

Tech Resources and Self-Care for Small Businesses

May 27, 2021

Welcome



Mega Jewell
CAMEO
Outreach Specialist



In the chat...



Name



Organization

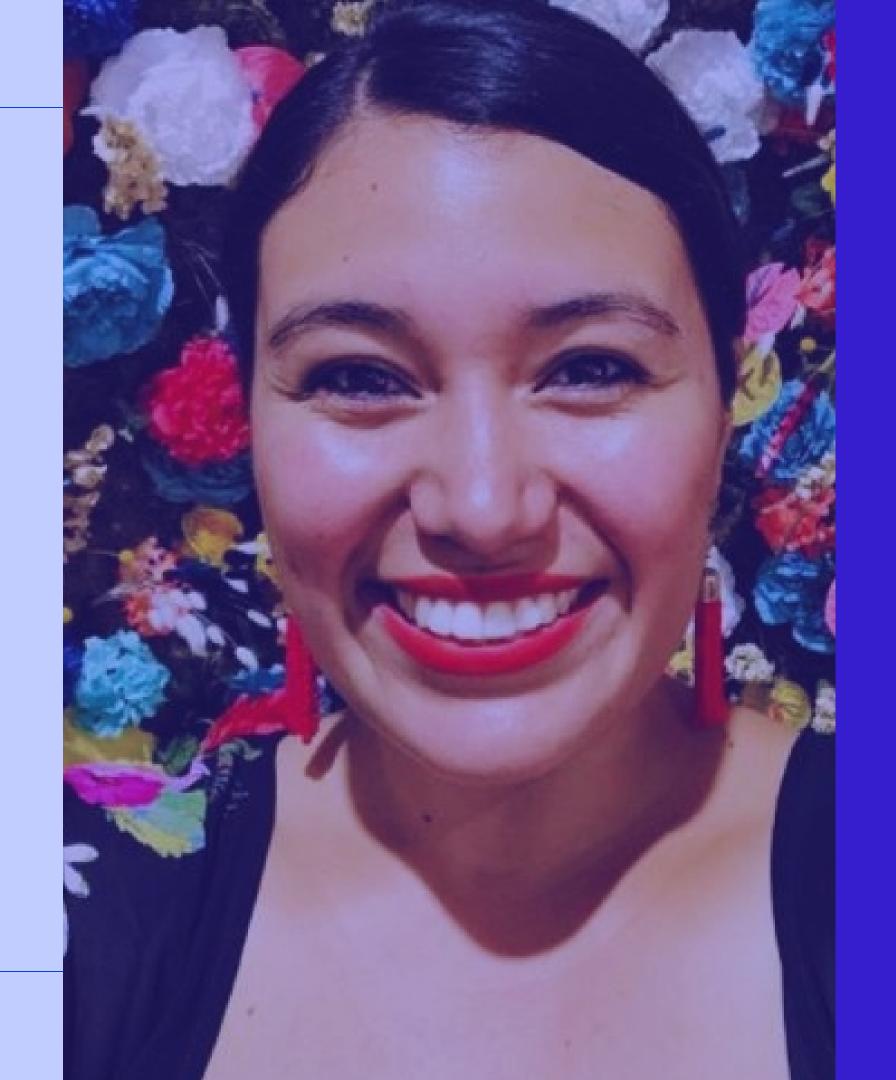


Updates

New to EA!



Liza Rivera
CAMEO
Outreach Manager





As California's statewide Micro Enterprise network, CAMEO is the voice for micro business and creates a thriving ecosystem of resources for all entrepreneurs.

CAMEO Updates



Advocacy Day Prep Session

Join us on June 1!

Make sure to

register on Zoom!

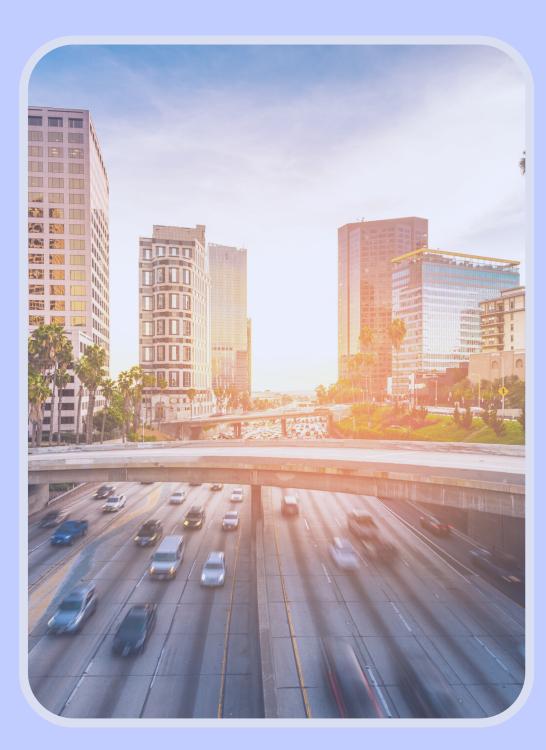
Advocacy Day

Join us on June 8!
Make sure to
register on
Eventbrite!

COVID-19 Resources

Check out our website:
CAMEONetwork.org
for our COVID-19
Resources

Agenda



- Introductions & Welcome
- Meet CAMEO's new team member Liza Rivera
- About CAMEO and Updates
- About EA
- Elianne Rodriguez
- Networking
- Grounding Exercise

Bo Sivanunsakul

Director at PACE
Business Department







Entrepreneurship Advantage

Create economic opportunity for entrepreneurs and small businesses in LA County by connecting human, technical and capital resources through regional collaboration.

How to get involved

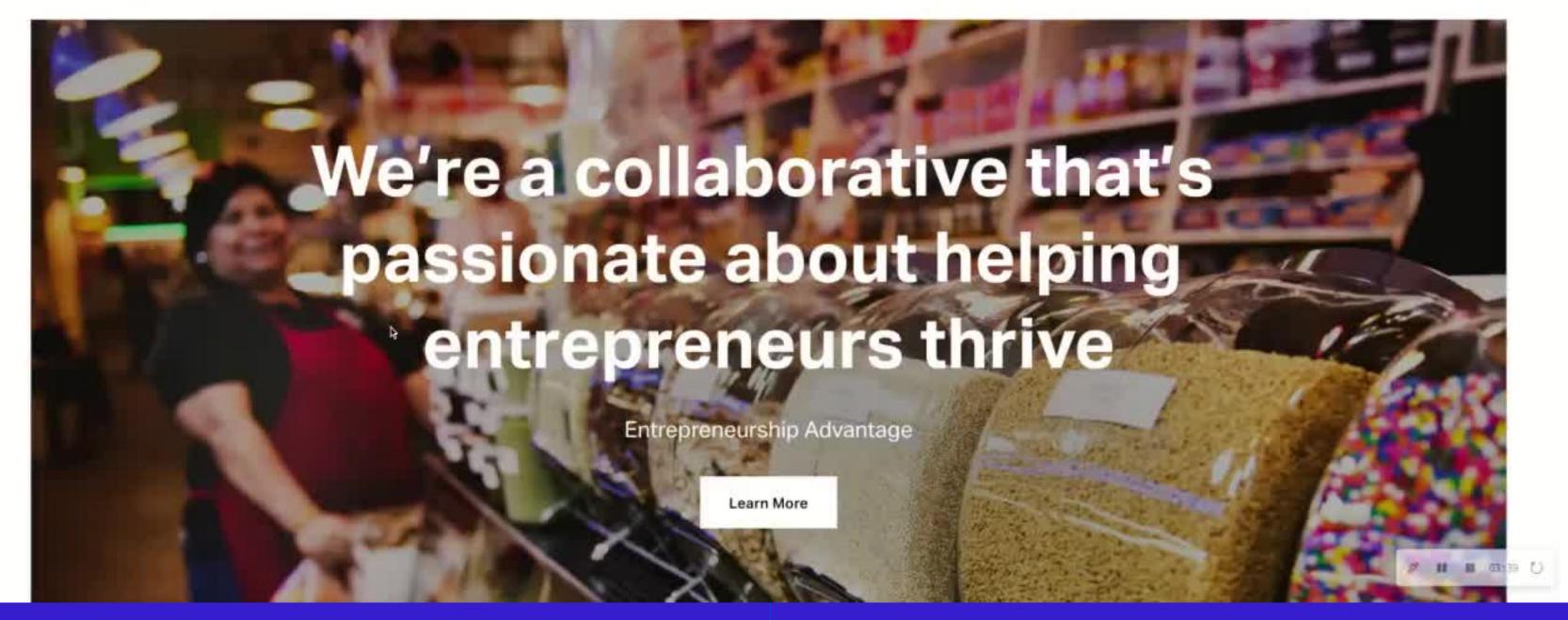


About Members Projects Events Resources

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Join The Collaborative



Elianne Rodriguez

Entrepreneur and a partner at LIST Ventures and Business Advisor for the Los Angeles Small Business Development Network (SBDC)







Understanding its power and influence

Technology and Its Impact on Business Post COVID

How it changes the way we communicate and interact

Technology's Impact

How have our lives changed because of COVID?

- Business-Consumer Relationships
- Multiple Shopping Channels
- Generally Higher Expectations
- Decreased Customer Attention
- Access to Information
- The Customer Experience

Use Tech Tools To:

- 1. Work IN Your Business
- 2. Work ON Your Business
- 3. Increase Revenue
- 4. Increase Capacity
- 5. Maximize Time & Prevent Burn Out



Ease your clients by introducing them to tech in bite size actionable steps.



Work IN Your Business

















Work ON Your Business



Grow with Google













Increase Capacity











Increase Revenue













Tech Service Providers

Utilize and leverage the tech service providers in LA and across the US















Maximize Time

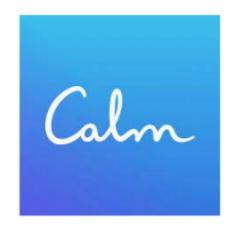








Prevent Burn Out













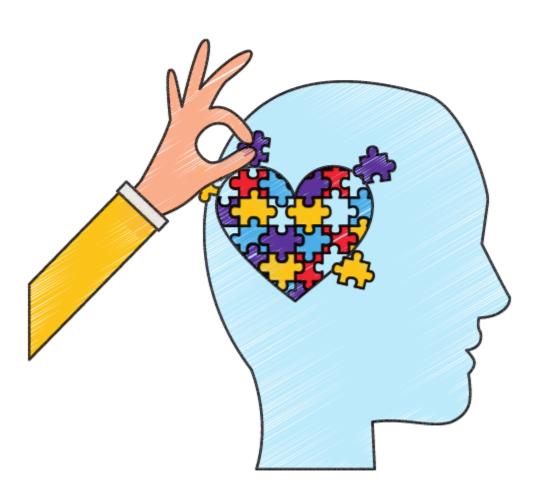




Speaking of Burn Out...



Operators Best Practices



Personal Check Ins

Intentional and Scheduled

Twice a week

Team Lunch

1:1 Lunch

Team Activities

Meeting and Time Management

Shared, Valued and Respected

Work Hours

Work Styles

Meetings and Limits

Communication > emails vs messages

Local Apps and Team Practices

App of your choice

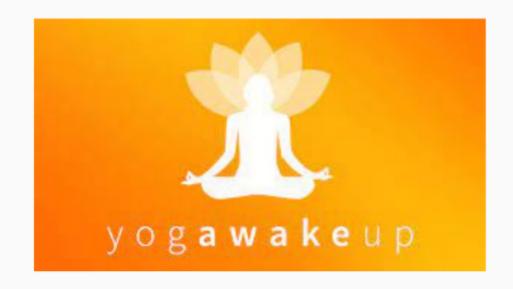
Food of your choice

OUR FAVORITES





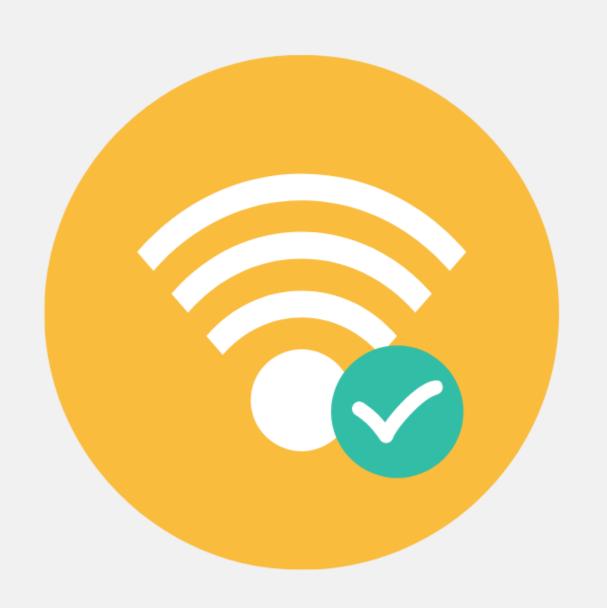












Elianne Rodriguez

erodriguez@smallbizla.org

Networking Activity



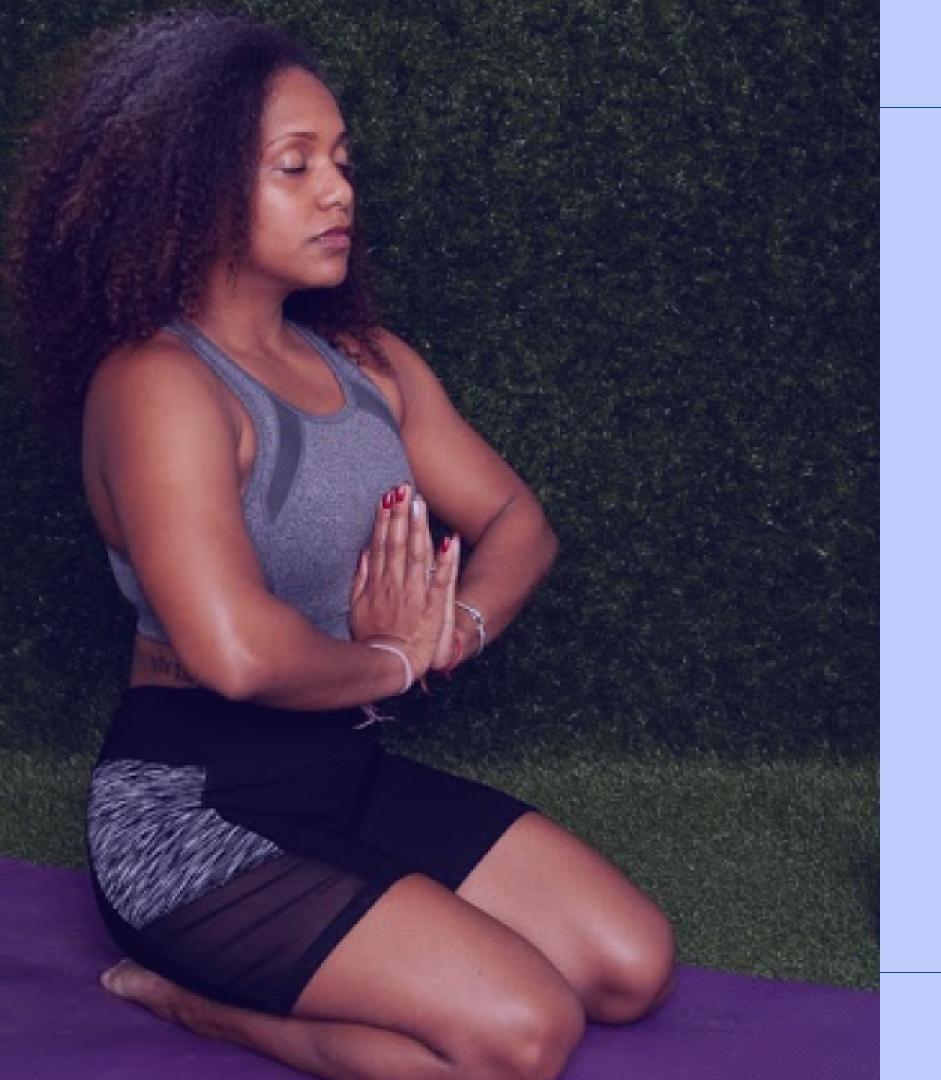
Heidi Pickman
CAMEO
VP, Programs and Policy





Networking: Share Your Self-Care Routine

- Prompts if you need them:
 - What is your favorite routine?
 - Why is it your favorite?
 - Our How often do you do it?
 - What stops you from doing it?
 - What apps help you with your routine?
 - What is so great about the apps that you use?



Stephanie Erazo

Founder, Prana Wellness





CONNECT WITH US ON LINKEDIN & POST YOUR EVENTS



JOIN OUR COLLABORATION BY FILLING OUT AN INTEREST FORM



SEND INFO ABOUT YOUR ORGANIZATION AND UPCOMING EVENTS TO:

LRIVERA@CAMEONETWORK.ORG

GET INVOLVED WITH EA

Thank You!

Join us on June 24 at 11:00am for our next virtual meetup!

Happy to answer any questions.



