## Speaking Up For Change

What is the cause or issue I want to address?
Why is this issue important to speak up about?
Why am I the right person to speak up about it?
Who is the audience I want to speak to?



Lisa Braithwaite
Speaking Coach | Trainer | Author
www.coachlisab.com

## Speaking Up For Change

Where can I find legitimate data and research about my topic?
What resources are easy to pass along?
What actions can I take regarding this issue?
What is my call to action to others?



Lisa Braithwaite
Speaking Coach | Trainer | Author
www.coachlisab.com

## Speaking Up For Change

What medium (or media) will I use to spread the word?	
examples: Write a letter, shoot a video, record a podcast, do a F Live, email your mailing list, write an ebook, make an infographic	
give a presentation, write an article or press release	
What platform(s) will I use to spread the word?	
Examples: Newspapers, social media, donation site, news media	
Examples: Newspapers, social media, donation site, news media	
Examples: Newspapers, social media, donation site, news media	
Examples: Newspapers, social media, donation site, news media	
Examples: Newspapers, social media, donation site, news media	
Examples: Newspapers, social media, donation site, news media	
Examples: Newspapers, social media, donation site, news media	
Examples: Newspapers, social media, donation site, news media	
Examples: Newspapers, social media, donation site, news media	
Examples: Newspapers, social media, donation site, news media	
Examples: Newspapers, social media, donation site, news media	

